

## Celebrating the Sacrament of Reconciliation

Think of your sins (an examination of conscience is helpful here).

Be truly sorry for your sins.

Resolve not to sin again.

### *When you go to the priest...*

1. Say: "Bless me Father for I have sinned. It has been \_\_\_\_ since my last Confession."
2. Tell your sins to the priest.
3. Listen to the priest's advice.
4. Pray an Act of Contrition

*O my God, I am sorry for my sins with all my heart.*

*In choosing to do wrong, and failing to do good,*

*I have sinned against you, whom I should love above all things.*

*I firmly intend, with your help, to do penance, to sin no more,*

*and to avoid whatever leads me to sin.*

*Our Savior Jesus Christ suffered and died for us.*

*In his name, my God, have mercy on me, whom you love.*

*Amen.*

5. Do the penance the priest gives you to do.